Pancakes with Salmonberry

Chef: Crystal Wahpepah Region: Western/Southwestern Makes 24

Ingredients

Pancakes with Salmonberry

- 3 cups of bakery mix
- ½ cup of water
- 1 tablespoon vegetable oil
- 1 cup of salmonberries, fresh, foraged

Boldfaced items are available through the FDPIR Foods Available List or through USDA DoD Fresh Program.

Instructions

- 1. In a mixing bowl, combine 3 cups bakery mix with 1 tablespoon vegetable oil, mix well
- 2. Fold in 1 cup salmon berries, mix all together
- 3. Set batter aside for 2 mins
- 4. Warm saucepan to medium heat
- 5. Add a drizzle of vegetable oil to the saucepan before adding quarter size heaping spoonfuls of batter into the pan
- 6. Cook until the pancake is golden brown on the edges, then flip the pancake and repeat on the other side (approximately 1 minute per side)
- 7. Repeat with the remaining batter

Serve pancakes hot with fresh salmon berries or fresh fruit as desired

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